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# Psalm 91: Real-Life Stories Of God's Shield Of Protection And What This Psalm Means For You & Those You Love



## Synopsis

A Place of Total Protection in Life's Storms Did you know there is a place in God--a secret place--for those who want to seek refuge? It is a haven of physical safety and security that God tells us about in the 91st Psalm, the one place in the Bible where all of the protection promises of God are brought together. In Psalm 91, Peggy Joyce Ruth, a veteran Bible teacher, guides you through a personal study of this psalm, explaining verse by verse God's promises of protection. Along the way you will find hope and encouragement in the stories of people from all walks of life who have found refuge in this covenant promise from God.

## Book Information

Paperback: 248 pages

Publisher: Charisma House; Revised edition (June 1, 2010)

Language: English

ISBN-10: 1616381477

ISBN-13: 978-1616381479

Product Dimensions: 5.5 x 0.6 x 8.5 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

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## Customer Reviews

A book of 245 pages dedicated to just one psalm - but what a psalm it is! Psalm 91 is the only psalm that offers protection from all possible calamities and disasters that can befall mankind. This excellent and inspiring study book by Peggy Joyce Ruth unlocks Psalm 91 verse by verse and explains with absolute clarity the meaning behind the words. Psalm 91 is a covenant invitation by God offered to all believers to enter into. It offers protection from the storms of life. Like virtually all of God's promises to believers, this psalm has conditional promises. Faith in the Word of God in the promises of this psalm is what activates the covenant of protection. Walking in obedience to His Word is what keeps the covenant valid. Speaking the words of the psalm out loud every day is what the author recommends. The book is divided into two parts, the explanation of the psalm verses, and then multiple first-person accounts on how reciting and trusting Psalm 91 changed lives and showed

how God Almighty delivers according to his promises in this psalm. For example, one story shows how a man used Psalm 91 to ward off a tornado that was headed directly for his home. He and his family recited Psalm 91 against the storm as it was approaching, and the tornado lifted and passed over his home. Some will call this sheer coincidence while others will proclaim God's protection, it all depends on the lens one is looking through (faith or doubt). This is a book of hope for those who believe in the Lord. Either the words of the Bible are true and can be relied upon, or the entire Bible is just a collection of hopeful stories and thoughts. If it is the former, there is great power in the Word and the Word becomes a foundation for life; if it is the latter, then these are just words, nothing more. The believer has a choice to make: To believe in the words as the very truth of God or to regard the words as nice words, if they could only be true. The first approach is that of faith, while the second approach is that of doubt. Just as the disciples were asked to proclaim who Jesus of Nazareth is (Mark 8:27), similarly, the reader is challenged as to whether he believes the Word or whether he does not. I read this book the first time and then went through it again (and again) and highlighted the parts that resonated to me. Truly, Psalm 91 is a unique Psalm and this is also a unique book. I highly recommend it to those who are seeking shelter from the storms of life.

I'll admit to wondering if it would become tiresome to read so much about one Psalm, but Ruth's dissection of Psalm 91 isn't at all tedious; in fact, I found it insightful and even inspired! The second half of the book includes real-life stories of men and women who've relied upon the promises written in Psalm 91: promises to which Ruth refers as "God's Covenant of Protection," or "God's Shield of Protection." (If you love the "His Mysterious Ways" stories in Guideposts, you'll love the second half of Psalm 91!) Ruth reminds us: Jesus said in Luke 24:44 that all things concerning Him in the Psalms must be fulfilled (109). I'll admit: I haven't always taken the Psalms seriously enough. Ruth points out so many valuable truths from Psalm 91, in particular. For example, she focuses in on the words "I will say" at the beginning of Verse 2 and the importance of speaking God's Word aloud (11). In writing about chickens in her yard, she provides a powerful visual of the sheltering wing of the Lord (26). In Chapters 6-9, she explains carefully how Psalm 91:5-6 refer to constant protection from every imaginable threat, and I could go on and on. But I think my favorite words in Psalm 91 are these: My husband believes that too few Christians ever use their authority. Too often they pray when they should be taking authority! For the most part, Jesus prayed at night and took authority all day. It is not the time to start praying when we encounter the enemy; we need to be already prayed up by then. When we encounter the enemy, it is the time we need to speak forth the authority we have in the name of Jesus (72). This concept of taking authority in Jesus's name really excites me!

How about you? I can't encourage you enough to give Psalm 91 a whirl. Ruth's heart is with our military and those in harm's way; if you're praying for someone in danger, Psalm 91 is a must-read. But I just can't think of anyone who wouldn't benefit from reading it.

If you are only going to purchase one book this month, I recommend this one. This book is a keeper and the kind of book you give away as a gift. I had been praying Psalm 91 off and on for years already, but this book breaks down the meaning, and has a multitude of testimonies of lives spared by believers praying Psalm 91. I saw Peggy Joyce Ruth's testimony on Sid Roth's Supernatural, and I highly recommend you watch it! Bethany K. Scanlon Author of Secrets of an Undercover Agent

This was an excellent book. The writing was down to earth and easy to follow. There is much to digest and to take in. I'm sure it could be read in an evening but then you would miss much of the lesson. Mrs. Ruth takes each verse of Psalm 91 and shows how it applies to everyone's life everyday rather than just military families. The true stories at the end are a joy to read and expand upon the reader's understanding of certain passages as well. The main message is that Psalm 91 is a covenant from God to protect those who love Him, know Him, and spend time with Him.

I have always been praying Psalm 91, but thanks to Peggy Joyce Ruth, author of this book, I understand this Psalm more fully, deeply and clearly. The explanations of the verses and their meaning held my interest. The book is very engaging; it inspired me deeply and made me more aware of the love, care and protection that God freely gives to all His faithful people. Each page makes me love God more profoundly and strongly. In my personal experiences, many were the instances when I was saved by God from some serious untoward incidents. I highly recommend this book Psalm 91, especially to those who don't believe that there is a God who exists, and who delights in caring for us without reserve.

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